

Facials

ELEMIS Expert Touch Nourish Facial 30min / 50min £45 / £70

Boost skin radiance with our triple cleanse facial infused with a blend of antioxidant-rich facial oils, leaving your skin feeling nourished, rebalanced and revived.

ELEMIS Expert Touch Renew Facial 30min / 50min £45 / £70

Improve skin firmness, whilst reducing the look of fine lines & wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm.

ELEMIS Expert Touch Reveal Facial 30min / 50min £45 / £70

Powered by patented Tri-Enzyme technology this facial helps to minimize the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced, smoothed and glowing.

ELEMIS Expert Touch Define Facial 80min £85

This innovative facial captures the power of clinically proven intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted looking skin. For the ultimate facial experience book our 80min option. (LED mask included in 80min option)

Lava Shell Triple Lift Facial 60mins - £65

Designed to ease away tension and stress using techniques such as pressure points, lifting, draining and contouring. This heated facial massage, using Lava Shells to help penetrate products even deeper into the skin. Still including cleanse, tone, exfoliation, face mask alongside heated eye mask, and moisturising, and of course the favourite hair and scalp massage.



Divine Natural Lift Facial 45mins - £55

Using Rose Gua Sha to stimulate the microcirculation of soft tissue which increases the blood flow and enhances the skins complexion. Including cleanse, tone, exfoliation, facial massage using the Gua Sha, alongside heated eye mask and moisturising.

Divine Glow Facial 60mins - £65

Using a Rose Gua Sha to increase the blood flow of the skin. Perfect for alleviating sinus blockages, puffiness. It is also designed to contour, lift and drain the skin, relaxing the facial muscles.

Upgrade any 30min or 50min facial with the ELEMIS LED medical grade mask
10mins / £10

This can also be added onto most treatments as an additional extra.

Facial Packages available, pay for 5 get your 6th one free

Manicures & Pedicures

Standard Manicure or Pedicure
soak, cut, file, cuticles, massage and polish (foot filing)
No Polish £25
Standard Polish £30
CND Shellac or TGB Gel £33

Luxury Manicure or Pedicure
soak, cut, file, cuticles, exfoliation, massage, heated booties/mitts, (foot filing) , polish
Standard Polish £40
CND Shellac or TGB £42

Removal
removal of CND shellac or TGB that has been applied at TOR with standard manicure included and strengthener applied
£22

Reapplication £33
removal of CND shellac or TGB , cut, file, cuticles, reapplication of CND shellac or TGB
£33

footlogix[®]
PEDICUTICALS

CND[™]



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Monday - Closed
Tuesday - 10am - 2.30pm
Wednesday - 10am - 7pm
Thursday - 10am - 8pm
Friday - 10am - 6.30pm
Saturday - 9am - 4pm
Sunday - Closed

The Body Lab
Unit 19
Ashworth Road
Swindon
SN5 7YG

Specialist Massage

Remedial Massage

Pressure Light/Medium
Using Grapeseed oil and a combination of techniques to ease stress and tension

30minutes	£40
45minutes	£48
60minutes	£55

Aromatherapy Massage

Pressure Light/Medium
Using a choice of Aromatherapy oils to suit your needs to help you relax and unwind, along with a combination of techniques to help ease stress

30minutes	£42
45minutes	£50
60minutes	£57

Deep Tissue Massage

Designed specifically for people who suffer with aches & pains. A fully freestyle Massage including using forearms, elbows and knuckles to get into tight muscles whilst using Aromatherapy oils.

30minutes	£44
40minutes	£51
60minutes	£58

Hot Stone Massage OR Lava Shell Massage

The ultimate heat treatment using Basalt Stones or clam shells that retain the heat. This treatment involves massaging with the stones or shells to obtain the deepest levels of relaxation for the muscles.

30minutes	£48
45minutes	£57
60minutes	£65

Massage add ons

Full body brushing £10 (15mins)
Back Scrub £7 (5mins)
Hair & Scalp Massage £7 (10mins)

Massage packages available, pay for 5 get your 6th one free
cannot be used in conjunction with any other discount

Hydrotherm & Tranquil Touch £65 (60minutes)

This unique Massage is performed on top of a heated water-style bed layer. Supporting your spine for the perfect alignment whilst being led on your back the entire treatment, we are still able to work on the back as well as the rest of the body whilst working deeply into the muscles taking you to another place of relaxation .

Tranquil Touch is a Hydrotherm Massage, but specifically for anyone undergoing cancer treatment without the need for a doctors note. This treatment aims to provide a caring, informed massage to alleviate symptoms of discomfort caused by treatment you maybe undergoing.

Pregnancy Massage £50 (45minutes)

Ultimate Pregnancy Massage £70 (75minutes)

During this Massage you will be led on both sides and cradling the pregnancy pillow for the ultimate comfort and to allow us to reach areas which need it the most. This Massage covers back, neck, shoulders, legs and arms and uses Elemis Body Oils.

The Ultimate Pregnancy Massage also includes a foot massage, along with an Elemis Taster Facial with hair & scalp massage for the ultimate pregnancy pamper.

Must be 12weeks+ and have verbal or written consent from midwife.

ELEMIS Frangipani Wrap £60 (60minutes)

Designed to quench the thirst of dry and dehydrated skin. This treatment starts with dry body brushing to buff away dry skin cells. Followed by the application of the infamous Frangipani Oil, you are then wrapped for the heat to help penetrate the oil into the skin. Whilst wrapped you can enjoy an ELEMIS mini facial with hair and scalp massage. Once unwrapped Frangipani body cream is then applied to lock in all the moisture and leave your skin silky soft and smelling indulgent.

Pro Glow Couture £75 (60minutes)

Combining a back of the body Hot Stone Massage with a 30minutes prescriptive anti-ageing Facial to send you to a place of deep relaxation

Hopi Ear Candling £42 (45minutes)

A candle is rested within the ear and lit working to draw out congestion. The heat and oils work to rebalance pressure and stimulate the blood lymph. This treatment includes a deep facial massage to help relieve congestion around the sinuses.

Reflexology £45 (40minutes)

A non intrusive complimentary health therapy. Based on the theory that different points on the feet correspond to different areas on the body, we can work on areas of the body that cannot be reached through traditional massage to promote better health and wellbeing.

Eye treatments & Hair Removal

Patch test required 24hours prior to tinting, lashlifting and brow lamination

Eyebrow tint	£12
Eyebrow tint & tidy	£20
Brow lamination	£38

Eyelash tint	£20
Eyelash lift & tint	£42
Eyelash tint, brow tint & tidy.	£32
Lashlift, tint & Brow Lamination	£62

Facial waxing / Threading

1 area	£10
2 areas	£14
3 areas	£18

Underarm wax	£10
1/2 leg	£22
Full leg	£32
Basic or ext bikini wax	from £15
Brazilian / Hollywood	£30
Chest wax	£22
Back wax	£25
Chest & back wax	£45
Male intimate wax	from £45

Electrolysis

Patch test and consultation must be done beforehand. Using a fine wire and electrical current over a number of treatments for hair removal. This can also be used for immediate removal of skin tags, thread veins, dermatosis papulosa nigra, milia, blood spots, sebaceous hyperplasia.

£1 per minute (min 10 mins) for hair removal

£25 per 15minutes for advanced electrolysis